

ROADFORD LAKE SAILING AND RACING CLUB

SAILING INSTRUCTIONS

1. RULES

Racing will take place under the current International Racing Rules of Sailing (IRRS), the Prescriptions of the Royal Yachting Association (RYA), these Sailing Instructions (SI) and the appropriate class rules.

2. CONDITIONS OF ENTRY

a) General

The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/competitor racing/sailing the boat who must ensure that the boat and any crew are adequate to face the conditions that might arise whilst racing/sailing. Neither the establishment of these SI's nor the inspection of a boat in anyway limits or reduces the absolute responsibility of the owner/competitor for their crew, their boat and the management thereof. Neither the club nor the race organisers shall be responsible for the loss, damage, death or personal injury however so caused to the owner/competitor, helm or crew or any other third party as a result of their taking part in racing /sailing. Moreover, every owner/competitor warrants the suitability of their boat for racing/sailing.

b) Insurance

A boat shall have insurance cover with a minimum of £2,000,000 third party indemnity valid for the owner/competitor racing/sailing.

c) Distinguishing Numbers

The committee may permit a boat to use sails carrying a distinguishing number other than that required by IRRS 77, Appendix G, or no distinguishing number.

d) Handicaps

Where class racing is not provided racing will be in the Portsmouth Yardstick Scheme (PY), as set out in the current RYA's YR2. The committee may see fit to adjust a boat's handicap or institute a personal handicap when/where appropriate.

Boats without Portsmouth Numbers published in the current YR2 will be allocated numbers by the method described in the current YR2.

3. SAFETY

a) Personal Buoyancy

Adequate personal buoyancy for all persons going afloat must be worn at all times when on the water. Wetsuits and drysuits do not constitute adequate personal buoyancy.

4. COMMUNICATION

a)

Any changes to the SI's will be posted before the advertised starting time of any race or races concerned, or will be published on the club web site.

b)

Notices to competitors shall be posted on the official notice board located at the waterside hut.

c)

Class signals will be in accordance with the RYA's prescription.

5. SIGNALS MADE ASHORE

a)

Signals made ashore will be displayed at the slipway flag mast.

b)

IC flag AP with two sound signals, (one when lowered) means racing is postponed. The warning signal will be made not less than 15 minutes after IC flag AP is lowered ashore.

6. COURSE INSTRUCTION

a) COURSE AREA

The course shall be on Roadford Lake. Prohibited areas will be treated as an obstruction.

b) COURSE

The course configuration and number of rounds shall be shown on the whiteboard located at the waterside hut. The warning signal will be made not less than 20 minutes after the course is displayed ashore.

c) MARKS

The course marks shall be the fixed lake marks or any other mark or danbuoy laid by the race officer or by their instruction as shown on the notice board.

7. STARTS

a) Starting Times

Starting times shall be published in the sailing calendar or on the notice board; starting times may also be shown on the club web site.

b)

Starts may be line starts or gate starts.

c) Starting Line

The starting line is defined as the line between the mast on which the flag signals are displayed and an outer starting mark, which may be one of the rounding marks and will be shown on the notice board.

d) Starting Procedure

The starting procedure will be in accordance with IRRS 26. Except that times will be taken from the visual signals. The failure of a sound signal shall be disregarded. This changes IRRS 26.1 and 30.

e)

A boat may not start later than 5 minutes after the start signal.

f) Individual Recalls

Individual recalls will be signalled in accordance with IYYR 8.1 (Recalls), using IC flag X. Individual recall is one sound signal.

g) General Recalls

A general recall will be signalled in accordance with IRRS 8.2 (Recalls), using IC flag first substitute. As soon as possible after a general recall a new warning signal will be displayed. General recall is two sound signals.

8. FINISHING

a) Finishing Lines

The finishing line will be as defined by the race officer and shown as part of the course instructions prior to the start of the race, except as in 8b below.

b) Shorten Course

Flag S will be flown to signal a shortened course and two sound signals will be made. If the finish line is then not as previously defined the race officer must ensure that they are in a position to allow competitors to finish correctly IRRS 28 and 29.

9. ALTERNATIVE PENALTIES

The one turn penalty, Rule 31.2 of the IRRS will apply for any boat hitting a mark. The two turns penalty will be in force for all other infringements.

10. PROTESTS

Protest must be lodged in writing to the OOD within **30 minutes** of the finish of the last race of the day. Protest forms and a copy of the rules can be found in the race box. **The OOD will co-opt two other members, present on the day to form a protest committee.**

11. SCORING SYSTEM

a)

Points will be awarded as per the Low Point system in Appendix A of the RYA Racing Rules of Sailing. A boat that did not start DNS scores points for the total number of entrants in the series plus 1. A boat that does not finish DNF/RTD scores the total number of entrants in the race plus 1. A boat that is disqualified scores the number of entrants in

the series plus 1. If a tie remains between two or more boats after Appendix A8.1 then the tie will be broken on discards.

b)

For a series to be valid, at least EIGHT competitors must start a race from the series. This instruction does not apply to stand alone weekend events.

12. ADVERTISING AND SPONSORSHIP

All boats shall compete in accordance with the IRRS Regulation 20.

13. RACING SIGNALS

a)

Signals will be made using the using the appropriate IC flag as defined in the IRRS

b)

The usual handicap race start should be as described below, unless changed in accordance with SI 4.

Warning Signal	- 5 mins to start	- IC flag R	- One sound signal.
Preparatory Signal	- 4 mins to start	- IC flag I,P or black	- One sound signal.
	- 1 min to start	- 1minute rule in force Preparatory signal lowered	- One sound signal
Starting Signal	- start	- IC flag R lowered	- One sound signal
Individual Recall			- One sound signal
General Recall			- Two sound signals
Abandoned			- Three sound signals